

BE SAFE BE SEEN

Bicycle Safety Awareness

Bright Clothing



Front Reflector

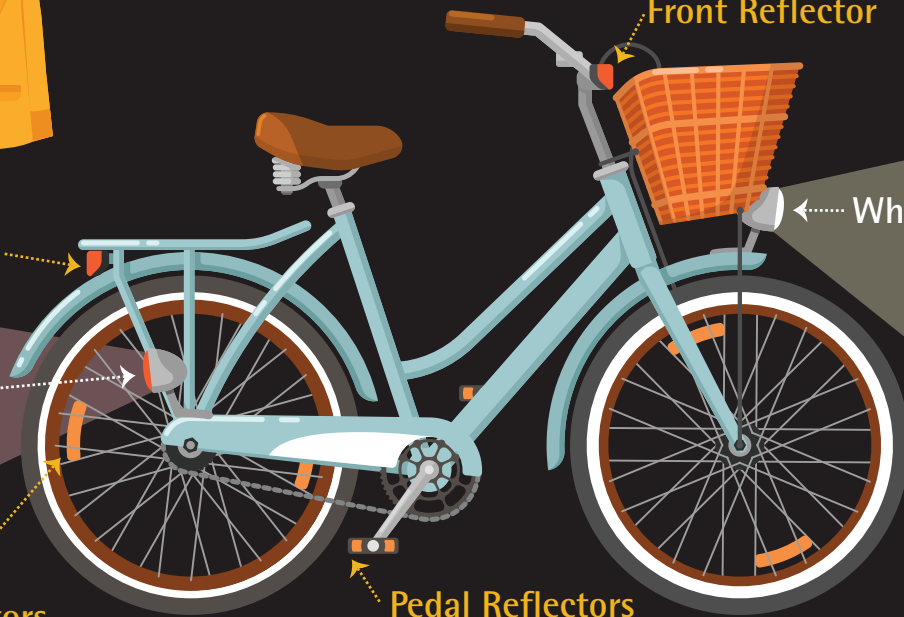
White Front Light

Rear Reflector

Red Rear Light

Wheel Reflectors

Pedal Reflectors



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Health, Safety
and Environment



Obey All traffic signs!

- Stop at red traffic lights and stop signs
- Use Hand signals



Left Turn



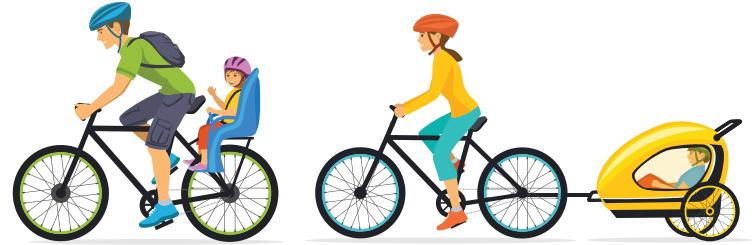
Stopping



Alternate
Right Turn



Right Turn



Cycling with Toddlers!

- Secured with a safety harness
- Wear a Helmet
- Mount a flag for visibility

BE SAFE, BE SEEN

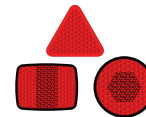


Wear a Helmet!

- Flat on the head
- Snug Fit
- Chin straps tied

Stay Visible!

- Bright white light at front
- Red rear light (Flashing is best)
- Use reflective leg bands, clothing and accessories



For more information or comments please contact hse@kaust.edu.sa