



Blood donation



Blood donation is a simple four-step process:

- 1. Registration**
- 2. Medical history and mini-physical**
- 3. Donation**
- 4. Refreshments**

Register

Appointment only, no walk-ins. Please contact Patient Relations at:

012 808 4088 or 058 241 3606, email: patient-relations@kaust.edu.sa

You are not eligible to donate blood if you:

- Are less than 17 years old
- Are more than 60 years old (you might be eligible to donate blood upon a medical check up)
- Weight less than 50kg
- Are positive for AIDS or hepatitis viruses
- Are an Insulin dependent diabetes
- Have flu on the day of donation
- Are pregnant
- Have low level of hemoglobin in your blood. Less than 13 mg/dL hemoglobin for male and 12.5mg/dL for female
- Have any type of cancer (such as breast, brain, prostate, and lung)
- Have blood cancers (such as leukemia or lymphoma)
- Had malaria you cannot donate blood for 12 months
- Donated within the last two months
- Are on antibiotics on the past week
- Are on any of these blood thinner medications Atrixa (fondaparinux), Coumadin (warfarin), Eliquis (apixaban), Fragmin (dalteparin), Heparin, Jantoven (warfarin), Lovenox (enoxaparin), Pradaxa (dabigatran), Savaysa (edoxaban), Warfilone (warfarin), Xarelto (rivaroxaban)
- Have any of the following conditions that can be signs or symptoms of an infection: fever, enlarged lymph glands, sore throat, and rash.